



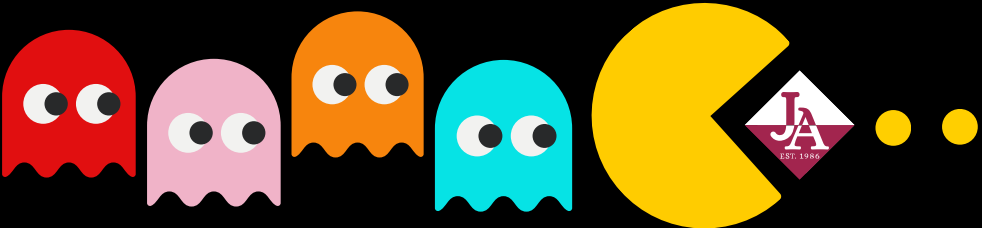
*Jimcoy*  
AGENCIES

2024

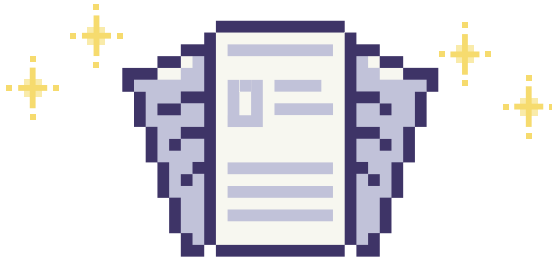
LEVEL *Up*

SAVE PASSPORT

INTERACTIVE PDF



# WHAT IS A SAVE PASSPORT?



## GLAD YOU ASKED!

With our 2024 theme being **Level-Up**, we wanted you to have an opportunity to plan, record and achieve what we have in store for you this year!

Please feel free to use this fillable resource to check off wellness activities you've completed or make notes for how you leveled up every month in 2024.



12 MONTH REVIEW  
ACTIVITY CHECKLIST  
MONTHLY GOALS

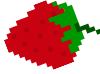


THIS PASSPORT BELONGS TO:

◆—————◆  
YOUR NAME

# 2024

## YEARLY CALENDAR



### JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### FEBRUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

### MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### JULY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### AUGUST

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### SEPTEMBER

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### OCTOBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### NOVEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### DECEMBER

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# 01 JANUARY

**GOALS: LEVEL ONE : START**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**



Breathing Class - Set Level-Up Intentions



Digital File Cleanup - Organize Files and Emails

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# 02 FEBRUARY

**GOALS: CHOOSE NEW PLAYER**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**



Wear Red on Feb. 14th



Interact on JaWeb



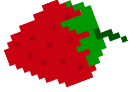
Read "Connections in the Workplace" Article

# 03 MARCH

**GOALS: SCOUT MULTIPLAYERS**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**



Update or Refresh LinkedIn Profile - Follow Jimcor



Interact with JaWeb Blog



Join Q1 Education Class - Healthy Eating

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# 04 APRIL

**GOALS: TIME TO POWER UP**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**



Clear Clutter - Organize Workspace



Peak at Pop-Up Store - Refresh Your Merch



Plant or Try Something New

# 05 MAY

**GOALS: WARM UP YOUR MAGIC**



COMPLETED!



## **SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Join Magic of Mindfulness Meditation Class
- Interact with JaWeb - Share How You Get Your 'Magic'

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# 06 JUNE

**GOALS: SHINE HEALTH POINTS**



COMPLETED!



## **SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Wellness Program Participation
- Participate in Skincare Basics Class
- Join Q2 Education Class - Menopause
- Interact with JaWeb - Share Your 'Shining Star' Pics!

# 07 JULY

**GOALS: SAVE YOUR SCORE!**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Join a Friendly Step Challenge with Colleagues
- Interact with JaWeb - Share 'Success Story'
- Check Out the Summer Olympics!

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# 08 AUGUST

**GOALS: SUPERCHARGED SPRINT**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Educational Video - Properly Cleaning Produce
- Enjoy a Fruit or Vegetable
- Interact with JaWeb - Share Your 'Fruit Recipes'

# 09 SEPTEMBER

**GOALS: UNLOCK NEW LEVELS**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Reach out to Those in Need or For a Cause
- Join Q3 Education Class - Understanding Depression
- Participate in Peace Cleanse Meditation

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# 10 OCTOBER

**GOALS: HIGH SPEED BOO-ST**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Participate in Kick-Boxing Class
- Dress-Up for Costume Contest
- Interact with JaWeb - Share Your Halloween Pics!



# 11 NOVEMBER

**GOALS: SHARE GRATITUDE**



COMPLETED!



**SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Send Thank You Emails
- Interact on JaWeb - Share Gratitude
- Participate in the Healthy Holiday Class

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# 12 DECEMBER

**GOALS: COMPLETE FINAL LEVEL**



COMPLETED!

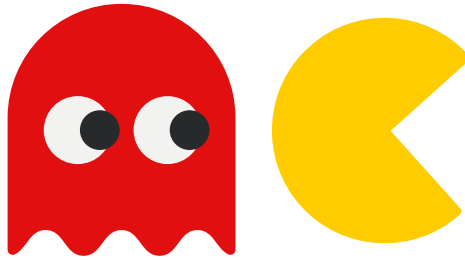


**SPIRIT CHECKLIST:**

**Let's Level-Up!**

- Participate in our Stretching Class
- Join Q4 Education Class - Managing Migraines
- Wear Favorite Holiday Sweater - Share for JaWeb

# FINAL BOSS



- Participated in the Save Passport Project
- Tracked Monthly Goals all Year
- Completed My Level-Up for 2024



## REWARD UNLOCKED

Email your Finished PDF Booklet to Donna by  
December 31, 2024 for a SPIRIT Reward.

**Email Donna - Vice President, Human Resources**  
e: [dmccole-rodriquez@jimcor.com](mailto:dmccole-rodriquez@jimcor.com)



*Jimcor*  
AGENCIES

# LEVELED *Up*

THANK YOU FOR  
PARTICIPATING!

SUGGESTIONS OR IDEAS?  
e: [Marketing@jimcor.com](mailto:Marketing@jimcor.com)

